**CLUB HEALTH & WELLBEING OFFICER Role Description**

**Revision: 1**

**Date: 03.09.15**

***Role description:***

The Club Health & Wellbeing Officer will work and liaise with the County Health & Wellbeing Sub-Committee to ensure that the Club is availing of the supports, programmes, partnerships, training, and resources available.

With the support of their Club Chairperson and Executive, he/she should ensure that their club has a Health & Wellbeing Team or Sub-Committee in place, that appropriate GAA policies are implemented and monitored, and that the Club fosters a culture that promotes health and wellbeing amongst all Club members and, where possible, the local community.

***Reports / Accountable to:***

They report to the Club Chairperson and Executive. The Health & Wellbeing Officer submits reports outlining any activities to each Club executive meeting or in line with timelines agreed with Club Executive. They address the Club Executive as and when required.

***Responsibilities***

1. *Liaise with the County Health & Wellbeing Sub-Committee and Club Executive*

• Ensure the club is appropriately represented at training or other events organised through the County Health & Wellbeing Sub-Committee.

• Promote and support at club level any activities organised by the County Health & Wellbeing Committee.

• Provide reports, as required, to the Club Executive on plans and activities, including a report for the club AGM on work completed and any plans for the subsequent year.

2. *Ensure appropriate policies and activities are implemented at club level*

• Using the resources available ensure that policies, such as the Club Drug & Alcohol policy template, and the Club Mental Health Charter, are implemented.

• Promote health activities and partnerships developed at national, provincial, and county level that may benefit Club members.

• Where appropriate or necessary, work with local service providers/agencies/charities who are seeking to make their services available to club members.

• Work with the Club Executive to promote health messages at club games and events.

• Encourage the Club to include the wider community (parents, past players, older members, etc.) in any health promoting plans or activities.

***Role Requirements***

• Be committed to the Club’s duty of care to the health and wellbeing of its members.

• Be prepared to attend training as provided by the GAA or its partners.

***Recommendations***

• It is recommended that the Club Health & Wellbeing Officer be appointed for a minimum of two years to allow adequate time for policies to be implemented and appropriate training and work to be undertaken.

• It is highly recommended that additional club members with an interest in the area are engaged as a project team or Sub-Committee to support the Health & Wellbeing officer’s work.

• While no professional experience is required for this role, clubs should look to members/volunteers who have an interest in health and wellbeing or possess suitable skills (they may work professionally in a related role, such as the health service, youth work, teaching, etc.) to get involved if possible.